

# **TORAH STUDY**

This Week: Shabbat Parashat Chukat B'midbar 19.1-22.1, pages 880-893

**FIRST ALIYAH:** God "spoke to Moshe and Aharon" regarding the "Red Cow" ritual, meaning Aharon is still alive at this point (his death comes later in the parashah). So why is it Eleazar who must carry out the ritual, and not his father?

**FIFTH ALIYAH:** Verse 21.4 states that "the people grew restive" after Aharon's death, and demanded to know why they were taken out of Egypt—40 years earlier. What is going on here?

The haftarah, Shof'tim 11.1-33, begins on Page 910.

Next Week: Shabbat Parashat Balak B'midbar 22.2-25.9, pages 894-908

**THIRD ALIYAH:** God tells Bilam he may go with Balak's second delegation, then blocks his way. Does God believe that Bilam set up the second delegation because he really wanted to go curse Israel?

**SEVENTH ALIYAH:** Verse 25.4 actually reads, "Take all the chiefs of the people and have them publicly impaled." Our text says "take the ringleaders." Is our text trying to cover up a grave injustice, or at least a horrible overreaction?

The haftarah, Michah 5.6-6.8, begins on Page 915.

### For haftarot, we follow S'fardi custom.

### CHUKAT: THE CONSOLATIONS OF MORTALITY

Chukat is about mortality. In it, we read of the death of two of Israel's three great leaders in the wilderness, Miriam and Aharon, and the sentence of death decreed against Moshe, the greatest of them all. These were devastating losses.

To counter that sense of loss and bereavement, the Torah employs one of Judaism's great principles: The Holy One, blessed be He, creates the remedy before the disease. Before any of the deaths are mentioned, we read about the strange ritual of the Red Heifer, which purified people who had been in contact with death—the archetypal source of impurity.

That ritual, often deemed incomprehensible, is in fact deeply symbolic. It involves taking the most striking emblem of life—a heifer that is pure red, the color of blood, the source of life—and reducing it to ash. That is mortality, the fate of all that lives. We are, as Avraham said, "mere dust and ashes" (B'reishit 18.27)—and so we, as physical beings, may one day be reduced to dust. There are, though, two consolations.

The first is that we are not just physical beings. God made the first human "from the dust of the earth," but He breathed into him the breath of life. There is within us mortals something immortal.

The second is that, even here on earth, something of us lives on. It did for Aharon in the form of his sons, who carry the name of the priesthood to this day. It did for Moshe in the form of his disciples, who studied and lived by his words as they do to this day. It did for Miriam in the lives of all those women who, by their courage, taught men the true meaning of faith.

For good or bad, our lives have an impact on other lives, and the ripples of our deeds spread ever outward across space and time. We are part of the undying river of life.

So we may be mortal, but that does not reduce our life to insignificance, as Tolstoy once thought it did (see his parable of the traveler hiding in a well, in his "Confessions," and his short story, "The Death of Ivan Ilyich") for we are part of something larger than ourselves, characters in a story that began early in the history of civilization, and that will last as long as humankind.

The Chasidic master Rav Simcha Bunim of Peshischke said we should each have two pockets. In one should be a note saying: "I am but dust and ashes." In the other should be a note saying: "For my sake was the world created." Life lives in the tension between our physical smallness and our spiritual greatness, the brevity of life and the eternity of the faith by which we live. Defeat, despair and a sense of tragedy are always premature. Life is short, but when we lift our eyes to heaven, we walk tall.

—Adapted from the writings of Rabbi Lord Jonathan Sacks

### CBIOTP STANDARDS & PRACTICES

- 1. Men must keep their heads covered in the building and must wear a talit when appropriate. Women may choose to do either or both, but it is not mandatory.
- Anyone accepting a Torah-related honor must wear a talit, regardless of gender.
- 3. Only one person at a time may take an aliyah.
- 4. No one should enter or leave the sanctuary during a K'dushah. One should not leave the sanctuary when the Torah scroll is being carried from or to the ark.
- 5. No conversations may be held in the hallway outside the sanctuary, or while standing in an aisle alongside a pew.

- 6. The use of recording equipment of any kind is forbidden on sacred days.
- 7. Also forbidden are cell phones, beepers and PDAs, except for physicians on call and emergency aid workers (please use vibrating option).
- 8. No smoking at any time in the building, or on synagogue grounds on Shabbatot and Yom Kippur.
- 9. No non-kosher food allowed in the building at any time.
- 10. No one may remove food or utensils from the shul on Shabbatot. An exception is made for food being brought to someone who is ailing and/or homebound.

### **MAZALTOV CORNER**

[If we don't know about it, we can't print it; if we can't print it, we can't wish it.]

### **HAPPY BIRTHDAY**

Sunday Marcelle Kosson Tuesday Elana Chalom

Thursday Lou Israel, David Warner

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### MITZVAH MEMO

Do you have enough food to eat? Too many people in our community do not. Bring non-perishable food items to the shul.

### THE IMAHOT:

Following is the text adopted by the Ritual Committee for use by the Prayer Leader in reciting the Amidah, and those wishing to insert the Matriarchs in their Amidot: בְּרוּךְ אַתָּה אֲדֹנִי אֱלֹהֵינוּ וֵאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵנוּ, אֱלֹהֵי אֲבֹרְתִינוּ וְאִמּוֹתֵנוּ, אֱלֹהֵי אֲבְרָהָם וְשָׂרָה, אֱלֹהֵי יִצְחָק וְרִבְקְה, וֵאלֹהֵי יַצְקֹב, רְחֵל אַבְּרֵהָם וְשָׂרָה, אֱלֹהֵי יִצְחָק וְרִבְקְה, אֵל עֶלְיוֹן, גּוֹמֵל וְלֵאָה. הָאֵל הַגִּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסִדִים טוֹבִים, וְקוֹנֵה הַכּּלֹ, וְזוֹכֵר חַסְדֵי אָבוֹת, וּמֵבִיא גּוֹאֵל לִבְנִי בְנֵיהֵם לְמַעַן שְׁמוֹ בְּאַהְבָה.

Recite this only between Rosh Hashanah and Yom Kippur: זְכְרֵנוּ לְחַיִּים, מֶּלֶךְ חָפֵץ בַּחַיִּים, וְכְתְבֵנוּ בְּסֵפֶּר הַחַיִּים, למענדְ אַ־לֹּהִים חִיּים.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגֵן. בָּרוּךְ אַתָּה אֲדֹנָי, מָגַן אַבְרָהָם וִעֵזָרַת שַׂרָה.

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## **SH'MA MATTERS**

# THE BLESSINGS BEFORE THE SH'MA: TO RESPOND OR NOT?

Whenever a blessing is recited, we offer two responses. After "Baruch Ata Adonai" (Blessed are You, Lord), we say "Baruch Hu, u'varuch Sh'mo" (blessed is He and blessed is His Name). At the end of the b'rachah, we say "Amen." But should any response be given to the blessings between Bar'chu and the Sh'ma?

It is not a frivolous question. These are blessings preparatory to reciting the Sh'ma, putting them in the same category as, say, the Motzi. We may not speak after the Motzi until we have eaten bread; may we "speak" until after the Sh'ma? The S'fardi halachic authority, Rabbi Joseph Karo, author of the Shulchan Aruch, Judaism's definitive law code, says no. Rabbi Moses Isserles, in his equally authoritative gloss, "the Mapa," rules that Ashkenazim should respond.

Chasidic rulings follow Rabbi Karo, meaning chasidim do not response with "Baruch Hu, u'varuch Sh'mo" and "Amen."

Either way is acceptable here, although our rabbi's traditon is to offer no response.

### A MEDITATION BEFORE THE SH'MA

Before reciting the Sh'ma, keep this in mind:

I hereby accept upon myself the yoke of the Kingdom of Heaven.

# Chukat: Descartes' error

In his 2011 bestseller, "The Social Animal," New York Times columnist David Brooks writes:

"We are living in the middle of the revolution in consciousness. Over the past few years, geneticists, neuroscientists, psychologists, sociologists, economists, anthropologists, and others have made great strides in understanding the building blocks of human flourishing. And a core finding of their work is that we are not primarily products of our conscious thinking. We are primarily the products of thinking that happens below the level of awareness."

Too much takes place in the mind for us to be fully aware of it. Timothy Wilson of the University of Virginia estimates that the human mind can absorb 11 million pieces of information at any given moment, but we can be conscious of only a tiny fraction of this. Most of what is going on mentally lies below the threshold of awareness.

One result of the new neuroscience is that we are becoming aware of the hugely significant part played by emotion in decision-making. The French Enlightenment emphasized the role of reason, and regarded emotion as a distraction and distortion. We now know scientifically how wrong this is.

Antonio Damasio, in his "Descartes' Error," tells the story of a man who, as the result of a tumor, suffered damage to the frontal lobes

of his brain. He had a high IQ, was well-informed, and had an excellent memory. After surgery to remove the tumor, however, his life went into free-fall. He was unable to organize his time. He made bad investments that cost him his savings. He divorced his wife, married a second time, and rapidly divorced again. He could still reason perfectly, but had lost the ability to feel emotion. As a result, he was unable to make sensible choices.

Another man with a similar injury found it impossible to make decisions at all. At the end of one session, Damasio suggested two possible dates for their next meeting. The man then took out a notebook, began listing the pros and cons of each, talked about possible weather conditions, potential conflicts with other engagements, and so on, for half an hour, until Damasio finally interrupted him, and made the decision for him. The man immediately said, "That's fine," and went away.

It is less reason than emotion that lies behind our choices, and it takes emotional intelligence to make good choices. The problem is that much of our emotional life lies beneath the surface of the conscious mind.

That, as we can now see, is the logic of the chukim, the "statutes" of Judaism, the laws that seem to make no sense in terms of rationality. These are laws such as the prohibition of sowing mixed seeds together (kelayim); of wearing cloth of mixed wool and linen (shaatnez); and of eating milk and meat together.

The law of the Red Heifer, with which our parashah begins, is described as the chok par excellence: "This is the statute of the Torah" (B'midbar 19.2).

There have been many interpretations of the chukim throughout the ages. In the light of recent neuroscience, however, we can suggest that they are laws designed to bypass the prefrontal cortex, the rational brain, and create instinctive patterns of behavior to counteract some of the darker emotional drives at work in the human mind.

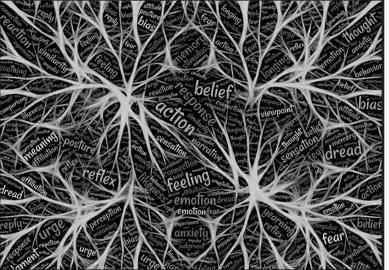
We know, for example, that wherever humans have settled throughout history, they have left behind them a trail of environmental disaster, wiping out whole species of animals and birds, destroying forests, damaging the soil by over-farming and so on. (Jared Diamond has chronicled this in his book, "Collapse.")

The prohibitions against sowing mixed seeds, mixing meat and milk, or wool and linen, and so on, create

an instinctual respect for the integrity of nature. They establish boundaries. They set limits. They inculcate the feeling that we may not do to our animal and plant environment everything we wish.

Some things are forbidden—like the fruit of the tree in the middle of the Garden of Eden. The whole Eden story, set at the dawn of human history, is a parable whose message we can understand today better than any previous generation: Without a sense of limits, we will destroy our ecology and discover that we have lost paradise.

As for the ritual of the Red Heifer, this is directed at the most destructive pre-rational instinct of all: what Sigmund Freud called Thanatos, the death instinct. He described it as something "more primitive, more elementary, more instinctual than the pleasure principle which it overrides." In his essay "Civilization and Its Discontents," he wrote that "a portion of the [death] instinct is diverted towards the external world and comes to light as an instinct of aggressiveness," which he saw as "the greatest impediment to civilization."



The Red Heifer ritual is a powerful statement that the Holy is to be found in life, not death. Anyone who had been in contact with a dead body needed purification before entering the Mishkan or the Beit Hamikdash (the Holy Temple). Priests had to obey stricter rules—the High Priest even more so.

This made biblical Judaism highly distinctive. It contains no cult of worship of dead ancestors, or seeking to make contact with their spirits. It was probably to avoid the tomb of Moshe becoming a holy site that the Torah says, "to this day no one knows where his grave is. (D'varim 34.6). God and the holy are to be found in life. Death defiles.

The point is—and that is what recent neuroscience has made eminently clear—this cannot be achieved by reason alone. Freud was right to suggest that the death instinct is powerful, irrational, and largely unconscious, yet under certain conditions it can be utterly devastating in what it leads people to do.

The Hebrew term chok comes from the verb meaning, "to engrave." Just as a statute is carved into stone, so a behavioral habit is carved in depth into our unconscious mind, and alters our instinctual responses. The result is a personality trained to see death and holiness as two utterly opposed states—just as meat (death) and milk (life) are.

Chukim are Judaism's way of training us in emotional intelligence, above all a conditioning in associating holiness with life, and defilement with death. It is fascinating to see how this has been vindicated by modern neuroscience.

Rationality, vitally important in its own right, is only half the story of why we are as we are. We will need to shape and control the other half if we are successfully to conquer the instinct to aggression, violence and death that lurks not far beneath the surface of the conscious mind.

—Adapted from the writings of Rabbi Lord Jonathan Sacks

### Of Miriam, Moshe, the rock, and grief

It is a scene that still has the power to shock and disturb. The people complain. There is no water. It is an old complaint, and a predictable one. That is what happens in a desert wilderness. Moshe should have been able to handle it in his stride. He has been through far tougher challenges in his time. Yet, suddenly, he explodes into vituperative anger:

"Listen now, you rebels, shall we bring you water out of this rock?" Then Moshe raised his arm and struck the rock twice with his staff. (Num. 20: 10-11)

It was such egregious behavior, so much of an overreaction, that the commentators had difficulty in deciding which aspect was worst. Some said, it was hitting the rock instead of speaking to it as God had instructed. Some said, it was the use of the word "we." Moshe knew God would send water: it had nothing to do with Aharon or himself. Others, most famously Maimonides, the Rambam, said it was the anger evident in the words "Listen now, you rebels."

What made this trial different? Why did Moshe momentarily lose control? Why then? Why there?

It was because his sister Miriam had just died. Moshe was in mourning for his eldest sibling. It is hard to lose a parent, but in some ways it is even harder to lose a brother or sister. They are your generation. You feel the angel of death come suddenly close. You face your own mortality.

Miriam, however, was more than a sister to Moshe. She was the one, while still a six-year-old child, to follow the course of the wicker basket holding her baby brother as it drifted down the Nile. She had the courage and ingenuity to approach Pharaoh's daughter and suggest that she employ a Hebrew nurse for the child, thus ensuring that Moshe would grow up knowing his family, his people, and his identity.

Moshe surely knew what he owed his elder sister. She had accompanied him throughout his mission. She led the women in song at the Red Sea.

So it was not simply the Israelites' demand for water that led Moshe to lose control of his emotions, but rather his own deep grief over the loss of his sister, who had watched over him as a child, guided his development, supported him throughout the years, and helped him carry the burden of leadership by her role as leader of the women.

It is a moment that reminds us of words from the Book of Judges said by Israel's chief of staff, Barak, to its judge-and-leader D'vorah: "If you go with me, I will go; but if you do not go with me, I cannot go" (Shof'tim 4). The relationship between Barak and D'vorah was much less close than that between Moshe and Miriam, yet Barak acknowledged his dependence on a wise and courageous woman. Can Moshe have felt less?

Bereavement leaves us deeply vulnerable. In the midst of loss we can find it hard to control our emotions. We make mistakes. We act rashly. We suffer from a momentary lack of judgment. These are common symptoms even for us ordinary humans. In Moshe's case, however, there was an additional factor. He was a prophet, and grief can occlude or eclipse the prophetic spirit. Moshe, the greatest of all the prophets, remained in touch with God. It was God, after all, who told him to "speak to the rock." But somehow the message did not penetrate his consciousness fully. That was the effect of grief.

So the details are, in truth, secondary to the human drama played out that day. The story of Moshe and the rock is ultimately less about Moshe and a rock than about a great Jewish woman, Miriam, appreciated fully only when she was no longer there.

—Adapted from the writings of Rabbi Lord Jonathan Sacks

# May He who blessed אר שברך ו

May He who blessed our ancestors bless and heal all those whose names are listed here, those whose names will be called out, and those whose names we do not know because either we are unaware of their illness or they are. We pray He mercifully quickly restore them to health and vigor. May He grant physical and spiritual well-being to all who are ill. אמן

Sydelle Klein

Bonnie Pritzker Appelbaum Deenah bat Sarah Leah

Rut bat Esther

Miriam Zelda bat Gittel D'vorah Miriam Rachel bat Chanah

Harav Mordechai Volff ben Liba Miryam

Michael Bybelezer

M'nachem Mendel ben Chaya Dina

Simchah bat Zelda Adina bat Freidel Baila bat D'vorah Chavah bat Sarah Chayah bat Flora

Devora Yocheved bat Yehudit

Esther bat D'vorah

HaRav Ilana Chaya bat Rachel Esther

Masha bat Etil Masha bat Rochel Matel bat Frimah Mindel bat D'vorah Ninette bat Aziza Pinyuh bat Surah Ruchel Leah bat Malkah

Rita bat Flora Rifkah bat Chanah Rivkah bat Rut

Rut bat Hadassah

Shimona bat Flora

Sura Osnat bat Alta Chayah

Tzipporah bat Yaffa

Yospeh Perel bat Michlah

Matel bat Frimah Michelle Blatteis

Diane Fowler Marj Goldstein Ruth Hammer

Goldy Hess

Fay Johnson Micki Kuttler Katie Kim

Elaine Laikin Mira Levy

Robin Levy Karen Lipsy Kathleen McCarty

Gail Schenker Linda State Mary Thompson

Michelle Lazar Norma Sugerman **Julia** Yorke

Susan Yorke

Alter ben Hassia

Avraham Akivah bat Chanah Sarah

Avraham Yitzhak ben Masha Aharon Hakohen ben Oodel

Chaim ben Golda Ezra ben Luli

Gil Nechemiah ben Yisraela Mordechai Yitzchak ben Tirtzach

Harav R'fael Eliyahu ben Esther Malkah Harav Shimon Shlomo ben Taube v'Avraham

Yisrael Yitzhak ben Shayndel

Yitzchak ben Tzivia Yonatan ben Malka Yosef ben Flora

Zalman Avraham ben Golda

Larry Carlin Harry Ikenson Shannon Johnson Itzik Khmishman Adam Messing Gabriel Neri Jeff Nicol Steve Saikin

Fred Sheim Mark Alan Tunick

# We pray for their safe return...

May He who blessed our ancestors bless, preserve, and protect the captive and missing soldiers of Tzahal—Ron Arad, Zecharia Baumel, Guy Chever, Zvi Feldman, Yekutiel Katz, and Zeev Rotshik—as well as those U.S. and allied soldiers, and the civilians working with them and around them, still missing in Afghanistan and Iraq, and all other areas of conflict, past and present.

And may He bless the men and women of the U.S. Armed Forces and Tzahal, and those who serve the United States and Israel in foreign lands in whatever capacity, official or unofficial, members of our community or related to members, and their colleagues and companions. Guide them in peace and return them speedily to their families alive and unharmed. אמן

# Are we in your will? Shouldn't we be?

When people prepare their wills, they usually look to leave a mark beyond the confines of their families. Thus it is that general gifts are left to hospitals, and other charitable organizations. All too often ignored, however, is the synagogue, even though its role in our lives often begins at birth, and continues even beyond death. We come here on Yom Kippur and other days, after all, to say Yizkor, the prayer in memory of our loved ones. Our Virtual Memorial Plaques remind everyone of who our loved ones were, and why we recall them. All of us join in saying the Kaddish on their yahrzeits.

Considering this, it is so unfortunate that, in our final act, we ignore the one institution in Jewish life that is so much a part of us. The synagogue is here for us because those who came before us understood its importance and prepared for its preservation. By remembering it in our wills, we will do our part to assure that the synagogue will be there for future generations, as well.

Think about it. We have always been here for anyone who needed us in the past. Do not those who need us in the future have the same right to our help? Of course they do. Do not delay! Act today! Help secure the future of your communal home.

### YAHRZEITS FOR TODAY THROUGH NEXT FRIDAY

הוכרונם לברכה — May their memories be for a blessing!

23 Louis Silverstein\*, Barnett Silverstein's father

Arthur Nydick\*

Nathaniel Konigsberg\*

Herman Rosenwasser\*

24 Alfons Felder, father of Anne Bing

Rosalind Emerson, Nancy Sutta Berns' grandmother

**25** Esther Messer, mother of Rose Lenson

Herman Louis Ratner\*

Max Goldberg \*

Benjamin Ginsburg\*

Mollie Tuchman\*

26 Edith Ullmann

Elaine Aziza Bakhash, Linda Bakhash's mother

Sarah Swyer\*

Esther Breakstone\*

Ida Silverstein\*

27 Harry Maltz, Alan Maltz's father

Ida Balk\*

Rafel Goodman\*

27 Kopel Weintraub\*

Frieda Gold\*

Anna Kron, mother-in-law of Janet Kron

18 Heinz-Bernd Grawi\*, Ellen Grawi's husband

Tobias Blank\*

Dr. Harold J. Megibow\*

Joseph Laefsky\*

Norma Morgenthal\*

Louis Mandell\*

J. George Fredman\*

Samuel Pozner\*

Libby Levinson\*

Samuel Tuchman\*

29 Fannie Rosefelt, Dorothy Rose's sister

Samuel Travis\*

David Moses Weintraub\*

Alana Lipp Brodie, sister of Douglas Lipp

Jill Mittman, sister of Scott Mittman

## Is there a yahrzeit we should know about?

Kaddish list

Judith Lorbeer

Qingshui Ma

Robert Cohen Marcia Weis Meyers
Nancy Friedlander David Rosenthal
Evyatar Shabbetai Gidasey Lenore Levine Sachs

Raul Green Marvin Sakin
Jay Greenspan Evan Schimpf
Susan Jane Greenberg Bila Silberman
Lisa Beth Hughes Leah Solomon
Harvey Jaffe Abe Tauber
Karol Lang Regina Tauber
Arline Levine Randolph Tolk



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<sup>\*</sup> A plaque in this person's name is on our memorial board; yahrzeits are observed beginning sundown the night before.

# Congregation Beth Israel of the Palisades

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Shabbat ends tonight with havdalah at 9:17 p.m. DST